

MPSSAA Indoor Track Region Meet Procedures, 2013-14

(changes for this season have been highlighted)

MEET FORMAT: The Region Meets have adopted a “championship-style” format. In all INDIVIDUAL events, only the top 24 entries submitted (based on performance) will be able to compete at their respective region meet. In the RELAY events, each school is permitted one (1) entry in each relay event.

- Schools may enter up to three (3) entries in each individual event. The top 24 verifiable entries received per individual event will have a chance to compete in their respective region meet.
- Every school in the region may enter a team and compete in the relay events.

ENTRY SEED TIMES/MARKS: All entries must be verifiable performances from the 2013-14 Indoor Track season. In order for a time/mark to be considered verifiable, it must be posted on the results page that is in the Info Center on each Indoor Track section of www.mpssaa.org.

- To have results posted, they must be sent via email to Gerard Filosa at mdstatetrackmeet@gmail.com. The deadline for submitting meet results is January 29th.
- Please make every effort to submit the results within 1 week of the completion of the event.
- It is the coaches’ responsibility to make sure they ask the meet director to submit the results for posting on www.mpssaa.org.
- The results list will be updated most Monday mornings during the 2013-14 Indoor Track season.

REGION MEET ENTRY PROCESS: It is the school’s responsibility to provide verified marks and any marks that cannot be verified through official regular season results, will result in the entry being reseeded to their next best verifiable mark.

- Entries must be submitted by the entry deadline **on MileSplit.com**. NO LATE ENTRIES WILL BE ACCEPTED!!!
- You may change your entries until the Entry Deadline established for your meet. After the Entry Deadline, no athlete may be added and the top 24 verifiable times will be seeded for the region meet.
- In the event of a tie for the 24th best mark, all tied competitors will have a chance to compete in the regional meet.
- An athlete may participate in a maximum of four events. A scratch made after the entry deadline counts as one of the four events an athlete may enter.
- After the Entry Deadline, only scratches in the individual events may be made. ADDITIONS/SUBSTITUTIONS are not permitted in any individual event.
- The Meet Director or Meet Administrator has the right to challenge any entry that does not have a verifiable performance throughout the current Indoor Track season. The Meet Director or Meet Administrator will notify the coach of the concern and may adjust entry to the best verifiable performance for the current season. If this changes the top 24, the next verifiable mark will be entered.
- If coaches spot an unverified seed time/mark in the performance lists, they need to notify their meet director so the meet director may take the appropriate action.